

# HELP YOUR CHILD GAIN CONFIDENCE & GET FIT THROUGH KRAV MAGA

KRAV MAGA IS A  
CARDIO WORKOUT  
WHICH TEACHES  
DYNAMIC REALISTIC  
SELF-DEFENSE THAT  
BUILDS:

- Confidence
- Fitness
- Discipline, Respect
- and Self-Defense!

YOUR CHILD WILL LEARN  
TO DEFEND AGAINST:

- BULLIES
- PREDATORS
- EXCUSES
- BAD INFLUENCES
- TOO MUCH  
SCREEN TIME ;)

**\*\*\*Use this flyer as a FREE 2  
Week VIP Trial Pass\*\*\***  
For questions or to schedule your  
first class Call/Text (623) 300-6114  
[www.PhxKravFit.com/youth](http://www.PhxKravFit.com/youth)



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