HELP YOUR CHILD GAIN CONFIDENCE & GET FIT THROUGH KRAV MAGA

KRAV MAGA IS A CARDIO WORKOUT WHICH TEACHES **DYNAMIC REALISTIC SELF-DEFENSE THAT BUILDS:**

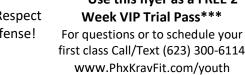
- Confidence
- **Fitness**
- Discipline, Respect
- and Self-Defense!

YOUR CHILD WILL LEARN TO DEFEND AGAINST:

- **BULLIES**
- **PRFDATORS**
- **EXCUSES**
- **BAD INFLUENCES**
- TOO MUCH SCREEN TIME ;)

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