# **GAIN CONFIDENCE & GET FIT** THROUGH FIGHTING! **IN KRAV MAGA**

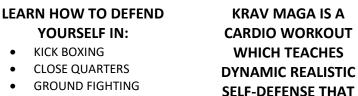
**KRAV MAGA IS A** CARDIO WORKOUT WHICH TEACHES DYNAMIC REALISTIC **SELF-DEFENSE THAT BUILDS:** 

- Confidence
- **Fitness**
- Stress Relief
- and Self-Defense!

- **WEAPONS**
- MASS ATTACK

### \*\*\*Use this flyer as a FREE 2 Week VIP Trial Pass\*\*\*

For questions or to schedule your first class Call/Text (623) 300-6114 PhoenixKravMagaAndFitness.com



## Confidence

- **Fitness**
- Stress Relief

**BUILDS:** 

and Self-Defense!

### **LEARN HOW TO DEFEND** YOURSELF IN:

- KICK BOXING
- **CLOSE QUARTERS**
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**THROUGH FIGHTING!** 

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